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MODERN AESTHETIC PLASTIC SURGERY



Modern Aesthetic Plastic Surgery takes a collaborative approach to helping patients look and feel their best with each step of their aesthetic journey.

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→ PROFILE

by **Jill Lupine**
photography by
THEGINGERB3ARDMEN



Dr. Robert Skalicky, board-certified plastic surgeon
and founder of Modern Aesthetic Plastic Surgery



Dr. John-Paul Regan,
plastic and reconstructive surgeon



Dr. Vidhi Adlakha,
plastic and reconstructive surgeon



Beautiful Minds

Modern Aesthetic Plastic Surgery takes a collaborative approach to helping patients look and feel their best with each step of their aesthetic journey.

THE HUMAN BODY UNDERGOES A GRADUAL TRANSFORMATION AS IT AGES. Often the transformation is less than graceful. Breasts start to sag. Facial lines deepen. The skin's appearance and texture changes in noticeable ways. Stubborn fat deposits resist one's best attempts to lose the weight through diet and exercise. A once-full head of hair begins to thin.

Enter Modern Aesthetic Plastic Surgery. With offices in Newtown and King of Prussia, Modern Aesthetic Plastic Surgery has assembled a team of medical professionals able to offer elegant and effective treatment options to address all of these

issues, among others, essentially turning back the hands of Father Time. One patient may be best served by a surgical remedy, such as face-lift, blepharoplasty (eyelid surgery), liposuction, "tummy tuck," or breast augmentation. Another might require an aesthetic procedure such as cosmetic injectables and minimally invasive wrinkle reduction. Yet another might need nothing more than a carefully devised, noninvasive skincare regimen.

The practice takes a multifaceted, team-based approach to helping each patient achieve a natural-looking, youthful appearance, no matter the need. Each treatment plan is carefully catered to the individual's

unique desire, budget, and schedule.

Every medical professional of the Modern Aesthetic Plastic Surgery treatment team is devoted to providing uncompromising patient care in an environment of safety, compassion, and collaboration. An aesthetician's work complements that of the practice's certified nurse injectors and certified physician assistants, who focus on nonsurgical facial sculpting. Likewise, the less invasive aspects of treatment go hand in hand with the work of each member of the surgical team—namely, Robert Skalicky, D.O., John-Paul Regan, D.O., and Vidhi Adlakha, D.O., who specialize in delicate surgical techniques to enhance the face, breast, and body.

"We all share a common goal: to help the patient achieve the desired result in the most appropriate manner," says Dr. Skalicky, a board-certified plastic surgeon and the founder of Modern Aesthetic Plastic Surgery. "Working together enables us to offer guidance on all elements of cosmetic medicine. As a result, patients have a seamless transition if they require additional services as their needs change."

Modern Aesthetic Plastic Surgery's array of surgical and minimally invasive aesthetic services includes breast augmentation, mommy makeovers, facial rejuvenation, body contouring, rhinoplasty, and hair replacement. With each procedure, the smallest details can make a dramatic difference.

Many patients are introduced to the practice specifically for skin care. Licensed medical aestheticians work with each patient on a fully customized treatment plan, based on factors such as age, sun exposure, how well they have cared for their skin, and genetics, as well as their diet.

Other complementary services include NeoGraft, a near-perfect solution to thinning hair. NeoGraft enables a patient to reclaim the hair they have lost in a natural-looking and undetectable way. Through a process known as follicular unit extraction, NeoGraft extracts individual hair follicles from a donor site and transplants them to the desired area, or recipient site. The benefits: no linear scarring, minimal downtime, and permanent results that are all but undetectable.

Modern Aesthetic Plastic Surgery offers the highest level of care in the most efficient manner possible as patients strive to become the best versions of themselves, from head to toe. In other words, the practice prides itself on its ability to offer patients nothing short of "total rejuvenation."

"We have been very deliberate in creating the menu of services we offer," Dr. Skalicky adds. "No matter where someone is in their aesthetic journey, we have a full range of options to help them achieve their desired results." ■

Transformative Results

These before-and-after images feature actual patients who have benefited from medical and surgical interventions performed by professionals from Modern Aesthetic Plastic Surgery.



MODERN AESTHETIC PLASTIC SURGERY

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