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**4Ever Young Anti
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vitality. page 16

A Fresh Start for the New Year

4Ever Young Anti Aging Solutions in Newtown delivers innovative and curative therapies designed to help men and women of all ages restore their vitality.



Owners Kelly and Bill Harrison are the driving force behind 4Ever Young in Newtown.

AGING IS INEVITABLE, BUT FEELING AND LOOKING OLD IS OPTIONAL. This saying holds more truth than ever before, as people now have ready access to revolutionary modes of treatment that can vastly improve how they look and feel, no matter their age.

Residents of Bucks County and surrounding areas will find many of these restorative therapies at the newly opened

4Ever Young Aging Solutions in Newtown. With the help of board-certified physicians and a highly trained medical staff, 4Ever Young helps men and women maximize the power of personalized care.

Owners Kelly and Bill Harrison are the driving force behind this business. Kelly has been an entrepreneur for most of her adult life. She has also been a client of 4Ever Young

since 2020. Her life-changing personal experience convinced her to bring the business to Bucks County with a franchise of her own.

"I have been a user of these services myself for five years now, and I responded to the proactive method of treatment," she says. "Rather than treating symptoms, 4Ever Young uses comprehensive evaluations and customized treatments to heal you from the inside out."

4Ever Young Newtown opened its doors in early November. It has since seen an overwhelmingly positive response from a growing list of clients from Bucks County and beyond. These are people who want to maintain an active and healthy lifestyle as they grow older, and maybe even regain some of the edge they feel they have lost.

"Over the past 10 to 15 years, our society has become much more comfortable with preserving the way we look and feel," says Kelly. "And when we look to the future, you see that the future is focused on taking care of both internal and aesthetic wellness. The wheels don't have to just fall off as we get older. Our goal is to improve people's quality of life as they get older. Aches and pains and ailments don't have to impede your quality of life as you get older. You shouldn't have to give up the things you love just because of a number."

The team at 4Ever Young focuses on delivering specialized, modern therapies to help each patient look and feel their best while maintaining a healthy and active lifestyle. For one person, a treatment plan might include "maintenance" treatments such as Botox, microneedling, and dermal fillers, while another might opt for a more youthful appearance by way of skin tightening, a chemical peel, or a HydraFacial. Beyond aesthetic treatments, 4Ever Young provides therapeutic options such as hormone therapy, menopause and andropause treatments, nutrition therapy, and testosterone-replacement therapy.

Treatment options are available for men and women of all ages. Often, they come seeking resolution to private struggles that have negatively affected their lifestyle—decreased ability to build muscle and burn fat, inconsistent sleep, and random aches and pain, for example—and are happy to find that resolution in the form of testosterone therapy or hormone therapy. These non-invasive or minimally invasive treatments not

only help with all of these issues, but also restore one's libido and ability to perform.

"So many people come in with very personal stories and goals that can make all the difference in their lives," Kelly adds. "It's our goal to make patients understand they are not alone and they aren't without options. There are so many people suffering from a variety of ailments that have safe and healthy options for treatment."

4Ever Young is overseen by two medical directors: Aaron L. Shapiro, M.D., a facial plastic surgeon who is dual board certified in otolaryngology and facial plastic and reconstructive surgery; and Peter A. Sinaiko, M.D., a board-certified urologist who specializes in minimally invasive therapies and treatments. Both physicians train and oversee each member of the 4Ever Young Newtown medical staff to ensure that every member of the office is fully prepared to work with clients from Day One.

Each patient's individualized care begins with a comprehensive blood panel, along with a physical to develop a baseline for treatment. "That gives us a look at each individual's needs," Kelly says. "We can then customize a treatment plan, whether that's bioidentical hormones, pep-



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—Kelly Harrison,
4Ever Young Anti Aging Solutions



tides, treatment therapies, nutrition counseling, or exercise options."

Once treatment begins, patients are monitored closely via a Personalized Health Profile, with blood panels taken every three months to continually improve upon their individually tailored plan. Kelly describes the Personalized Health Profile as "a custom blueprint to health optimization." The profile effectively outlines each patient's results compared to their ideal range, with medical staff recommendations built in to optimize the patient's health and wellness.

Kelly says that there is no wrong time to contact 4Ever Young and start building a health-

ier future.

"From the age 25 on, our body stops producing hormones at the rate they used to, and some people feel that deficiency faster than others," she explains. "Because of that I like to recommend that people who are in their 30s or 40s take the time to start looking at where they are now and contact us. It's not too early to start measuring your quality of life, and understand what you want your future to look like so that you can build a lasting story that matches those expectations."

"You don't have to accept the idea that, as you get older, your body should start to deteriorate," she continues, "especially when we have safe, proven, and effective solutions to improve your quality of life." ■

4Ever Young Anti Aging Solutions

2123 S. Eagle Road | Newtown, PA 18940
(267) 755-3100
www.4everyoungnewtownpa.com