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Dr. Stephanie Molden

brings advanced pelvic, sexual, and aesthetic wellness—highlighted by the groundbreaking QuantumRF—to Bucks County.

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WHERE MEDICINE MEETS MODERN BEAUTY

DR. STEPHANIE MOLDEN BRINGS ADVANCED PELVIC, SEXUAL, AND AESTHETIC WELLNESS—HIGHLIGHTED BY THE GROUNDBREAKING QUANTUMRF—TO BUCKS COUNTY.

BY JENNY GRAHAM PHOTOS BY ALISON DUNLAP

AT The Female Pelvic Health Center & MedSpa in Newtown, Stephanie Molden, M.D., has created something rare: an elegant, physician-led space where women can address intimate health concerns with the same comfort and confidence they bring to aesthetic goals. As the region's first fellowship-trained urogynecologist, Dr. Molden blends advanced medical expertise with modern medspa innovation—offering women a level of care unmatched in Bucks County.

Her newest addition, QuantumRF by InMode, is already transforming the way women approach body contouring.

"Radiofrequency has always been a powerful tool, but QuantumRF takes it to the next level," says Dr. Molden. "It gives us a minimally invasive, incredibly precise way to

tighten skin and melt fat at the same time. Think of it as CoolSculpting meets Morpheus."

The QuantumRF Advantage

QuantumRF uses a slim, approximately 3-mm probe to reach deep beneath the skin, delivering controlled energy that destroys up to 25 percent of fat in the treated area while tightening the surrounding skin. It is one of the most advanced technologies available today for sculpting delicate or stubborn areas—especially the chin, arms, and postpartum abdomen.

"After we enter the fat layer and begin to pull back, you can actually hear the fat cells popping," she says with a smile. "It sounds like bubble wrap. And over the next six months, women see the full, natural-looking transformation."

Patients appreciate that QuantumRF is

comfortable, quick, and surprisingly easy to recover from.

"When I did the training, I let them perform it on me that same day," Dr. Molden recalls. "I didn't feel a thing. I went out to dinner afterward. Compared to liposuction, this is a breeze."

Medical Expertise Behind Every Aesthetic Decision

Although the practice has embraced a range of cosmetic and medspa treatments, Dr. Molden emphasizes one key distinction: "We are a medical practice first. Every treatment here—whether it's Quantum, Morpheus8, hormones, or sexual wellness—is physician-led and medically grounded."

She notes that her surgical background allows her to combine high-end aesthetic

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We talk about every-
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—DR. STEPHANIE MOLDEN,
THE FEMALE PELVIC HEALTH
CENTER & MEDSPA

services with an unparalleled understanding of anatomy, healing, and women's unique health needs.

“I never want to oversell or offer anything that lacks credibility,” she says. “My patients trust me, and I protect that trust fiercely.”

A Specialty Born to Address the Unaddressed

When urogynecology became an official specialty in 2013, Dr. Molden was among the first in the nation to sit for the board exam. Her practice quickly became a destination for women seeking expertise in areas many doctors often overlook.

“Incontinence, pelvic pressure, pain, sexual dysfunction—women were dealing with these issues in silence,” she shares. “I wanted to create a place where nothing was taboo.”

Today, she sees patients from across the tri state area and women travel from along the East Coast and beyond for both surgical and nonsurgical treatments, including:

- **Labiaplasty, vaginoplasty, and perineoplasty**
- **Advanced treatment for lichen sclerosis**
- **Laser removal of anal skin tags**
- **Morpheus8 and Morpheus8V**
- **BBL, Diva vaginal laser and intimate lightening**
- **PRP treatments including the O-Shot®**
- **Bioidentical hormone replacement therapy (BHRT)**
- **QuantumRF body contouring**

Regenerative Medicine and Hormone Expertise

Regenerative therapies are becoming a larger part of the practice, especially platelet-rich

plasma (PRP). The O-Shot®, one of the most sought-after PRP treatments, uses a patient's own platelets to enhance sexual response, sensitivity, and overall wellness.

Hormone therapy is another major focus, especially now that new studies and FDA guidance support its safety and effectiveness.

“For years, women were afraid of hormones,” she says. “But a retrospective study of over 120 million women showed that starting hormone therapy before menopause reduced the risk of heart attack, stroke, and breast cancer by 60 percent. These therapies can be life-changing when done correctly.”

The Biggest Challenge? Awareness.

Despite the comprehensive services offered, many women still don't know help exists.

“Women normalize discomfort,” Dr. Molden explains. “They think leaking, dryness, pain, low libido, or body changes are just part of aging. They're not. There are solutions—real, effective solutions.”

Her mission is to ensure women in Bucks County know where to turn.

“At our practice, nothing is taboo,” she says. “We talk about everything—because women deserve answers, options, and a place they feel truly understood.” ■

*QuantumRF by
InMode, a new addition
to Dr. Molden's medspa
innovations, is transforming
the way women approach
body contouring.*

→ The Female Pelvic Health Center & MedSpa

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