

# suburbanlife

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**Drs. John Lee and Joseph Castelli** deliver life-enhancing results through semaglutide and tirzepatide weight-loss injections, hair restoration, and other treatments for the face, skin, and body to help patients be their best for the new year.

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# Be Your Best This New Year

**Lux Skin Lasers by John Lee, MD** delivers life-enhancing results through semaglutide and tirzepatide weight-loss injections, hair restoration, and other treatments for the face, skin, and body.

by **BILL DONAHUE**

**S**emaglutide and tirzepatide are changing the game for millions of Americans who struggle to lose weight. And the news continues to get better and better, as the list of secondary health and wellness benefits surrounding these medications seems to grow with each passing day.

Joseph Castelli, D.O., specializes in providing semaglutide (the active ingredient in Ozempic® and Wegovy®) and tirzepatide (the active ingredient in Mounjaro® and Zepbound®) to help patients achieve clinically significant and sustainable weight loss. Dr. Castelli, a physician with 30 years of experience in patient care, personally meets with all his patients monthly toward their weight-loss journey for Lux Skin Lasers by John Lee, MD, which has clinics in Bryn Mawr and King of Prussia.

"I am excited to offer a program that is effective and personalized to achieve their goals for weight loss and better overall health," says Dr. Castelli, an aesthetic physician who has over a decade of experience per-

forming Botox, dermal fillers, skin rejuvenating treatments such as the Deka CO2, considered the gold standard for skin resurfacing and tightening. "Although patients start the weight-loss program primarily for weight loss, I'm thrilled that they also experience other benefits associated with overall wellness."

For example, semaglutide and tirzepatide can improve cardiovascular health by regulating cholesterol levels and lowering blood pressure; semaglutide in particular has been shown to lower the risk of major cardiovascular events such as heart attack and stroke. Likewise, both medications can help stabilize insulin levels and manage blood sugar for people with type 2 diabetes, for example, thereby preventing serious complications such as kidney disease and vision loss. It has also been linked to a decrease in the onset of Alzheimer's disease.

In addition, clinical data suggest that these ground-breaking medications can help to reduce inflammation, boost brain health, and balance hormone levels. They

have even shown promise in their ability to provide pain relief for arthritis and other conditions associated with chronic pain, as well as help patients who struggle with issues such as sleep apnea and substance use disorder.

Currently, the cost of treatment ranges from \$500 to \$700 per month for semaglutide or tirzepatide; this includes lab reviews and monthly consultation with Dr. Castelli plus one month of medication. Dr. Castelli recommends a minimum 90-day commitment to experience noticeable results. On average, patients see a 10 to 15 percent reduction of their body weight during this period.

"Dr. Castelli's level of commitment and care is what sets our program apart from others in the area," says Dr. Lee. "We wanted to offer a program that prioritized patient care. People forget that this is real medicine and should be treated as such. There can be serious complications if not monitored and administered correctly. Several years ago, my wife heard about Ozempic. She wanted to lose some weight that she couldn't get rid of after her pregnancy. She searched for a doctor, someone who was familiar with women's health and primary care. She was unable to find a doctor like this, and that is why we introduced this service to our practice. My wife is very discerning and was only going to be on this type of program with someone like Dr. Castelli, a doctor whose medical knowledge is sound and is also personally





Dr. Castellì personally meets with his patients monthly and monitors their progress on the semaglutide weight-loss program at Lux Skin Lasers by John Lee, MD clinics in King of Prussia and Bryn Mawr.

vested in the progress of his patients. This is why our weight-loss program has been so successful.”

### Beyond Weight Loss

While Lux Skin Lasers by John Lee, MD has become a hot spot for weight loss, a focus on patient care, affordability with “tox” treatments starting at \$10 per unit, and tailored treatment plans have helped the clinic earn its place as a leading provider of Allergan (makers of Botox, Juvéderm, and CoolSculpting) on the Main Line and a TOP 100 provider in the United States.

The clinic also offers the latest innovation to address an aesthetic issue that tends to dampen a person’s self-confidence: hair loss. A minimally invasive in-office procedure known as NeoGraft is a remarkable step forward in addressing the issue of hair loss for men and women alike. Compared with minimally effective options such as hair weaves, light therapy, and prescription medications, NeoGraft enables a patient to reclaim much, if not all, the hair they have lost in a permanent and natural-looking fashion.

Through a process known as follicular unit extraction (FUE), NeoGraft extracts individual hair follicles from a donor site and transplants them to the desired area, or recipient site. The advantages of this treatment include no visible scarring, minimal downtime, and a result that is all but undetectable. Dr. Lee started his hair-restoration journey over two decades ago by moonlighting during his surgical residency at one of the top hair transplant clinics around the world. His team has been performing NeoGraft for more than 10 years, with thousands of cases performed. Overseen by Dr. Lee and Dr. Castellì, Lux Skin Lasers by John Lee, MD provides long-term solution to hair loss, with a 95 percent success rate of planted follicles.

Dr. Lee and Dr. Castellì are excited to bring NeoGraft technology to their female injectable patients who struggle with hair loss and have tried everything without very little success.

“The FUE method is ideal for our female patients who are suffering from hair loss and receding hairline since they do not

These images show a real-life patient before and after a NeoGraft hair restoration.



This patient lost 60 pounds and is healthier.

require as many follicles, with minimal downtime and cost for the procedure,” Dr. Lee says. He feels that the hair-restoration industry focuses primarily on men, even though women devote so much time and money to styling and maintaining their hair. Additionally, Dr. Lee stresses that ongoing treatments with platelet-rich plasma/platelet-rich fibrin scalp injections and the use of products such as minoxidil will promote a successful outcome.

Whether a patient comes to the clinic for NeoGraft hair restoration, semaglutide or tirzepatide weight-loss injections, or some other area of aesthetic specialty, Dr. Lee and his team strive for the same outcome: consistent results delivered with an uncompromising level of patient care. ■



For more information or to schedule a consultation, contact Dr. Joseph Castellì at Lux Skin Lasers by John Lee, MD in Bryn Mawr and King of Prussia by calling (610) 789-6701 or by visiting [www.luxskinlasers.com](http://www.luxskinlasers.com)