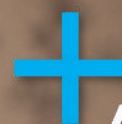


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**Dr. Louis P. Bucky
Tells Us Why—and
How—Aesthetics
and Longevity
Belong in the Same
Care Conversation.**

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At **Bucky Plastic Surgery**
and **Bucky Body Center**,
Dr. Louis P. Bucky brings
aesthetics, recovery,
and healthy aging
into the same
conversation.

The New Beauty Power Move: A PLASTIC SURGEON WHO SEES THE WHOLE YOU

Your face has an appointment. Your body has a different one. Somewhere between the skin consultation, the fitness plan, and the search for someone who will actually explain what is changing, taking care of yourself has become a second job. The fantasy is wonderfully simple: a team that sees the connections—and remembers the person at the center of them.

That is the appeal of the world Dr. Louis P. Bucky has built in Philadelphia. Together, Bucky Plastic Surgery and Bucky Body Center bring surgical expertise, non-surgical aesthetics, and wellness and longevity services into a connected practice model. The proposition feels particularly relevant now: Looking good and feeling good deserve a thoughtful, coordinated

plan, with experts who work together. The ease of one team, one practice, is quite efficient.

Today, there is a vast library of technologies available for everything from a significant transformation to a subtle zhuzh. But great technology can only get you so far. A machine cannot ask why a particular change matters to you. It cannot recognize

hesitation, understand your relationship with your body, or know when expectations need a gentler, more honest conversation. Emotional intelligence and experience belong beside technical skill.

Dr. Bucky brings considerable depth to that equation as a Harvard Medical School graduate with decades of surgical experience. He performs more than 1,000 face, breast, and body procedures annually, and has coauthored more than 100 publications. Those numbers speak to a career spent treating patients and wanting to enhance the field.

His team broadens that perspective, bringing together aesthetic and clinical nurses, physician assistants, aestheticians, massage therapists, and fitness professionals who are experts in their field and exemplary empathies to their patients. The collective expertise helps connect concerns that patients experience simultaneously: a changing silhouette, unfamiliar skin laxity, questions about hormones, and the desire to feel comfortable and capable in their bodies.

The technology roster reflects that range. Alongside endless options of injectables and neurotoxins are cutting-edge lasers, skin-resurfacing treatments, and body-contouring machines. Most recently is Ellacor, which uses hollow needles to remove tiny cores of skin to address wrinkles on the face, neck, and body. (Think nonsurgical facelift to non-surgical tummy tuck!) Like its lead surgeon, the practice's expertise extends beyond just owning the device; its team includes an Ellacor national trainer and nurses who have been with the practice for over 20 years. Access matters, but so does understanding who is an appropriate candidate, what improvement is realistic, and when another approach would serve someone better.

The same thinking applies to weight-loss and wellness injections. Bucky Body Center's physician-supported program pairs weekly GLP-1 medication injections with nutritional counseling and, in selected packages, DEXA body-composition scanning. A bathroom scale offers one number; DEXA provides estimates of fat and lean tissue as well as bone density. That additional context can inform conversations about preserving muscle, tracking progress, and considering aesthetic concerns as weight changes.

NAD+ injections are also available, including through the center's Bucky Boost



Dr. Bucky's team includes a national trainer for Ellacor, a treatment that uses hollow needles to remove tiny cores of skin to address wrinkles on the face, neck, and body.



Bioidentical hormone replacement therapy, or HRT, can become part of a coordinated conversation about changes affecting everyday life. Here, Director of Wellness & Longevity Kara Waskiewicz does an HRT consult.

program. Their inclusion makes the need for patient education especially clear: Someone considering a longevity treatment deserves an explanation of its intended purpose, the evidence behind it, and its limitations. A sophisticated longevity practice earns trust through that discussion, with recommendations grounded in the individual rather than the appeal of the latest ingredient.

Bioidentical hormone replacement therapy, or HRT, adds another dimension, through an individualized process that considers symptoms, medical history, and testing, with ongoing monitoring. The practice's Director of Wellness & Longevity, physician assistant Kara Waskiewicz, brings experience in internal and integrative medicine and women's health. For appropriate patients, hormone care can become part of a coordinated conversation about changes affecting everyday life.

This is where the case for bringing wellness into a plastic surgery practice becomes persuasive. Plastic surgeons already work at the intersection of appearance, anatomy, and recovery. With appropriately qualified colleagues, that perspective can expand to

address related needs. The appeal is having professionals who communicate, understand the broader plan, and recognize when primary care or another specialist should be involved. Everyday life is where empathy becomes essential. A patient balancing work, children, and caregiving may need a different plan from someone with weeks available for recovery. Someone navigating a changing body may need time to explain what feels unfamiliar before discussing treatment. Taking that time—and explaining benefits, risks, alternatives, and expected results—is part of delivering care that fits.

Ultimately, Bucky Plastic Surgery and Bucky Body Center make their strongest case as a go-to destination through this combination: substantial surgical experience, advanced aesthetic options, longevity expertise, and continuity. Efficacy belongs in that equation, too. Patients need clearly defined goals and follow-up that asks whether a treatment delivered the improvement they sought. A comprehensive menu becomes valuable when a knowledgeable team translates it into a purposeful plan.

That is a compelling vision of modern beauty: someone who understands what you hope to change, a team equipped to consider how you feel, and a relationship that can evolve as

your needs do. The real luxury is having room for the whole person. ■

Bucky Plastic Surgery Bucky Body Center

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