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Rejuvenator

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Playing the Long Game

by JENEANE BROWN | PHOTOS BY ALISON DUNLAP

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The Skin Rejuvenator has entered a bold new era. Guided by Linda Tagliamonte, The Skin Rejuvenator's Blue Bell studio has expanded far beyond medical aesthetics and skincare to include a comprehensive approach to longevity and wellness.

Tagliamonte, who received advanced training at the London Medical School of Aesthetics, has since honed her expertise in wellness therapies and technologies that reflect her commitment to whole-body rejuvenation. Her approach, which she calls "bioharmony," focuses on aligning the body's natural systems to support vitality, healing, and long-term wellness. She chose each of the new additions to the Blue Bell studio's menu of services for its ability to elevate clients' overall wellbeing, either by reducing inflammation, improving sleep, or supporting cellular repair.

"Biohacking is all about using different ways to optimize longevity," Tagliamonte says. "For me, it's not just treating the skin but optimizing the whole-body to maintain our health and youthfulness."

Tagliamonte, a contributing author to the fourth edition of the book *Global Experts in Integral Beauty*, has made a habit of being a few steps ahead of the crowd. Her work with peptides represents one of the most notable expansions at The Skin Rejuvenator. After undergoing extensive training to become a certified Peptide Integration Specialist—"I'm the very first beauty peptide coach," she proclaims—she has brought her breadth of knowledge directly to her clients.

Tagliamonte has seen peptides offer "life-changing" results in thwarting the aging process. She predicts the popularity of peptides, which are essentially short chains of amino acids, will skyrocket in the years to come.

Since the autumn of 2025, Tagliamonte has been offering peptide innovations such as a copper peptide GHK-Cu serum developed with a chemist in Texas, which brightens the skin, fades discoloration, reduces redness, and restores youthfulness. It also has the potential to significantly improve the health and appearance of the hair and nails, both of which tend to show noticeable changes brought about by age. The serum has sold out five times due to its popularity.

She also created a topical, eight-peptide formula, a potent refrigerated blend designed specifically for fine lines and wrinkles. Tagliamonte herself uses a small amount in the morning and night around her eyes; clients frequently comment on her smooth, line-free, and seemingly ageless complexion, despite having recently become a grandmother for the first time. In addition to topical formulas, she offers dissolving sublingual peptides that support hair, skin, nails, energy, and longevity. Approved by the U.S. Food and Drug Administration, these peptides are nonprescription options that make advanced wellness accessible for clients at all budget levels.



Whole-body vibration has become another staple of Tagliamonte's longevity offerings at her Blue Bell studio. The Dr. Fuji whole-body Vibration Platform improves circulation, supports lymphatic drainage, and enhances muscle tone. As with most breakthroughs she has introduced over the years, Tagliamonte used this modality long before it became widely known; it even helped her learn how to surf. Now, whole-body vibration is integrated into custom treatment plans to support recovery, detoxification, and overall vitality.

She has also incorporated pulsed electromagnetic field (PEMF) therapy using a device worn around the neck. The device includes 60 preset programs that deliver electromagnetic pulses to address general inflammation, arthritis, and sleep support. Tagliamonte, who vets all products and therapies before introducing them to her clients, uses PEMF nightly; she even applies it to her cat, who suffers from allergies.

Likewise, Tagliamonte speaks highly of red-light therapy, which stimulates cellular energy by utilizing wavelengths of near-infrared light. Her history with this popular therapy started in 2013, when she collaborated with a scientist in the state of Washington to study whole-body red light therapy. She sourced lights from the same manufacturer used by astronauts and created her own full-body red-light chamber, which she called "the Youth Booth." At the time, nothing like it existed. She continues to integrate red-light therapy as a vital part of facial treatments.

Perhaps the most transformative addition that will soon be available at The Skin Rejuvenator is hyperbaric oxygen therapy, or HBOT. This modality, which has been adopted by celebrities



such as Beyoncé, Madonna, and Gwyneth Paltrow, delivers 93 to 98 percent oxygen inside a pressurized chamber that dramatically increases the body's ability to absorb oxygen. HBOT accelerates healing, reduces inflammation, and improves post-procedure recovery, and also supports brain health, energy, and mood. It also helps rejuvenate the skin.

Tagliamonte plans to integrate additional modalities inside the chamber, including vagus nerve stimulation, to help clients relax deeply during sessions. She also intends to have a full-body red light installed, so both services will be included in one HBOT treatment.

Recently she started offering custom restorative supplements created by harvesting DNA from a simple cheek swab. These per-

sonalized formulations aim to restore the body's natural processes that are in need of repair. This addition aligns perfectly with Tagliamonte's bioharmony philosophy, providing wellness tailored to each individual's biology and needs.

Aside from advocating for clients through an array of beneficial products and services, Tagliamonte has spent years as a public advocate through guest appearances on *Good Day Philadelphia*. Most recently, she collaborated with New York Sen. Jessica Ramos of the 13th District to develop New York State Senate Bill S8598A: the first bill in the nation aimed at protecting minors from aggressive social-media marketing of adult skincare products.

"I started having young kids—eight, nine, 10 years old—come to my office with

raw, irritated skin, because they're following influencers and all their little girlfriends are following them," she says. "They spend more on products than me. They're buying all of these expensive products that have very dangerous ingredients, like retinals and acids, [ingredients] little baby skin should not be using."

She helped Sen. Ramos strengthen the bill's warning-label requirements and ensure that its safety provisions reflected concerns raised by parents, dermatologists, and educators. Now that S8598A has passed the New York State Senate, Tagliamonte is turning her attention to Pennsylvania, hoping to introduce a companion measure. Her goal: to see similar protections adopted statewide, making Pennsylvania one of the next states to confront the risks posed by anti-aging products marketed to minors.

Of course, she's always on the hunt for new ways to better serve her growing clientele. Having added lymphatic drainage compression therapy, she is currently considering yet another addition—relaxation brain-tapping—to her robust menu of bioharmony services.

While the foundation of Tagliamonte's business has not changed, her mission has evolved to make advanced wellness and bioharmony accessible to clients of all ages, budgets, and wellness goals. The Blue Bell studio has become a destination for much more than flawless skin, driven by its owner's relentless curiosity, research, and passion for helping others look and feel their best. ■



A certified Peptide Integration Specialist, Tagliamonte offers peptide formulations as a way to thwart the aging process.

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